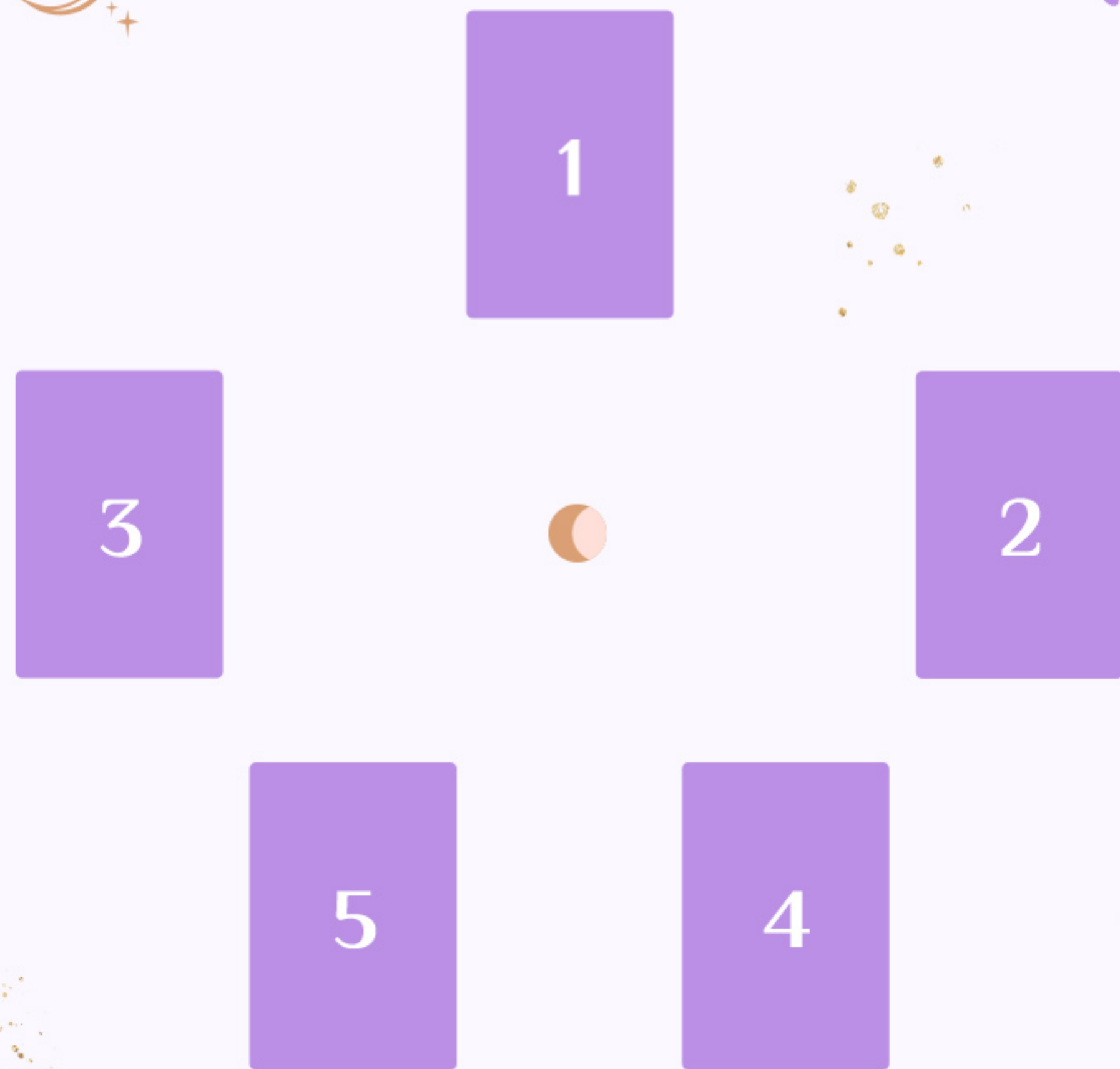


Get Through The Hard Stuff

Tarot Spread



1. What does my body need right now?
2. What do my emotions need right now?
3. What does my soul need right now?
4. Who is an ally for me at this time?
5. What next step can I take on my healing journey?